

## Request of Sexual Initiation

I would like you to initiate sexual activities with me. To help us both understand the kind of activities I'm seeking to have with you, I've decided to fill out this form. I hope that it will help give you some ideas and be a helpful aid for the two of us to communicate about our intimacy. I greatly appreciate your participation and would happily return the favor to you should you wish to fill out your own form for me to enact with you.

### Title

*Give this request a title so that you can both refer to it later should it be a terrific experience.*

### Seriousness

*Let your lover know how closely they should follow the directions of this form.*



Just a Suggestion

Improvise a Bit

This is Exactly what I want

### The Setup

*Tell your partner how you want your experience to begin.*

### Foreplay

*Tell your partner what kinds of activities you'd enjoy before sexual intercourse begins.*

### Intercourse

*Tell your partner about the kind of sex you'd like to have. This may include positions, or an example of the kinds of things you'd like them to say to you while having sex. If you'd like them to make an attempt at role-playing and give them an idea of the character you'd like them to play.*

### After Play

*Tell your partner how you'd like your sexual experience to end and what you'd like them to do afterward.*

### Gear & Accessories

*Tell your partner about any special requests you may have to set the mood or intensify this experience. This may be as simple as candles, lingerie, or a really kinky sex toy.*

Thank you for taking time to consider this request. It means a lot to me that you are open and willing to help me fulfill my sexual desires with you. I am available to talk about this or anything else you wish.