

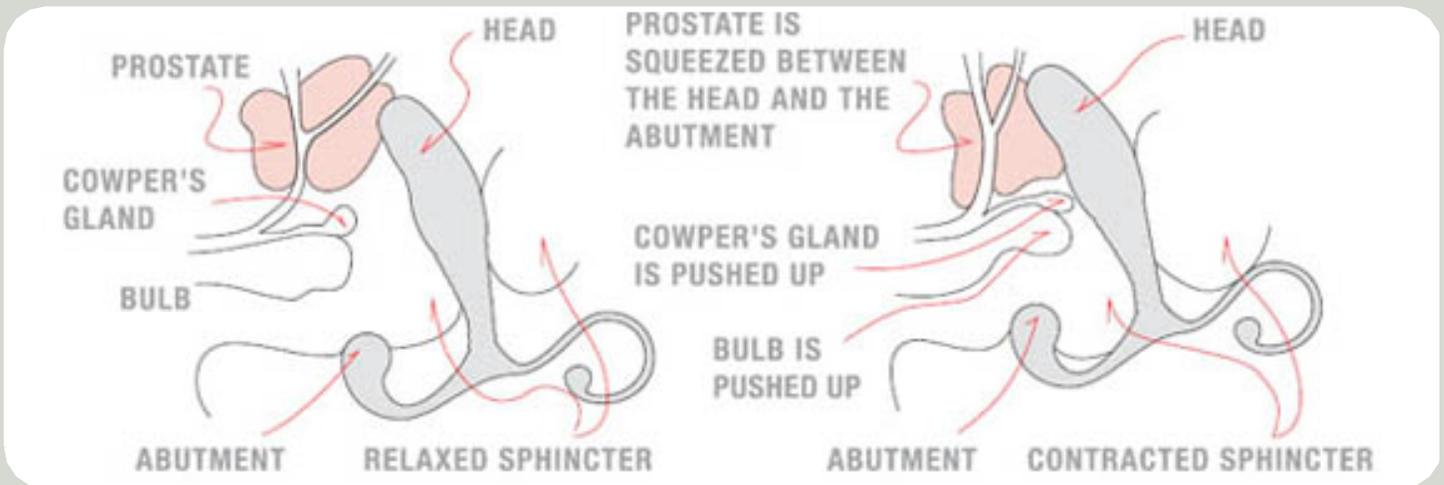
ANEROS

The Unofficial User Guide for Maximizing your Pleasure

Toss the Instructions:

The manufacturer's instructions that ship with the Aneros are garbage when it comes to deriving pleasure. This guide will help you discover all that is possible with this revolutionary and under-realized toy.

Provided by Kidder Kaper
Sex is Fun Radio Show



ANEROS DEMYSTIFIED

Many men who purchase the Aneros do so having read glowing reviews that promise remarkable pleasure. Unfortunately, few will truly discover what this toy can do from reading the included instructions.

All right, I'm going to get graphic here so don't keep reading unless you want to learn way too much about male butt pleasure. The prostate is the gate-keeper of the male orgasm and I'm guessing that you can feel just the slightest tingle of what I'm talking about the first few times you try your Aneros. You put it in and after your body adjusts to it, you squeeze your butt cheeks and you feel a bit of a warm tingle and pressure. It is pleasure, but only slight pleasure. The prostate needs to be come aroused and engorged before it will really give you the goods and even then it may only tease you mercilessly until you get really comfortable with it.

For me, I just had to chuck the instructions that shipped with it, including the rule about avoiding penile stimulation. If something is going in my butt, I need a reach-around for me to enjoy it. The trick here is not to do it too much so that you reach an orgasm from playing with your penis. Try stroking just the lower base of your penis slowly and avoid the head to keep from getting too close to the point of no return.

Quick Tip:

The taint stimulator on the Aneros is to narrow and penetrates too deeply for many users. Cover it with a cotton-ball to soften it.



Unrealized Aneros: Originally designed as a prostate health device, the short-sighted manufacturer has only recently realized that most of the purchasers of the Aneros use it purely for pleasure.

What I do is insert the Aneros and get the taint mark positioned correctly on my perineum. The first few times I used mine it was way too intense on my taint, so I covered the little rounded stimulator with a cotton ball until I could handle it pressing directly into this awesome little pressure point. Then I just relax and allow my body to adjust to it. I flex my perineum muscles and use my hands to stimulate lots of different parts of my body, nipples, testicles and all the other little places that

never get enough attention. This is a good time to perform a self-exam to make sure you're not going the rout of Tom Green.

You've really got to relax for the prostate to accept stimulation, so you might even want to take a shower or bath after you get it in. Some guys go soft when they first start prostate stimulation and others have erections that just won't quit. If you are on the softer side, this is actually going to help you use the Aneros to it's full potential. Try lying on your front with some towels bunched up under the base of your penis. You can also make a fist with your hand and push into the base of your penis, just above your testicles. If you have it positioned correctly, you'll feel an unmistakable, itchy pleasure deep inside. You'll find you can put quite a bit of pressure on your hand and trust me, you'll want to as you'll now be stimulating your prostate from both the front and the back.

If you get an erection this won't work, as it will be uncomfortable if not impossible to be on your front for any length of time. If this is the case, I'd suggest getting on your knees or standing bent over a bit and just try swinging your hips from side to side. This makes the Aneros dance from side to side over your prostate making the most

interesting sensation. Squeeze your ass cheeks together and try some hip gyrations or thrusts. I doubt that it will take very long before you begin to feel what I'm talking about here. I can best describe it as an itchy pleasure that feels sooooo good to scratch and it feels as though you can't really scratch it fully. It has a tendency to hold you just inches away from an orgasm for a very long time, sometimes agonizingly long.

Soft or Hard:

Some men become flaccid when experiencing prostate stimulation but that doesn't mean that you can't fully enjoy this toy.

If you are interested in trying something a bit more aggressive with your Aneros, you can ball up a towel and sit on it. If you rock back and forth or bounce up and down it will give you the sensation of thrusting and will also increase the pressure on your taint. Some men will find this very stimulating while others will find this too intense. You will have to do your own research to discover what works best for you.



The interesting thing about prostate stimulation is that everything you do seems to be delayed. For instance, you might notice that you'll squeeze your anal sphincter and hold them but not feel much in the way of pleasure until you relax. Or you may notice that you'll be trying these techniques and feel very little sensation at the beginning and give up. If you try it again in a few minutes, they will suddenly start to work.

Also, everything just has to be perfect for prostate stimulation to work. You need to be in the right mood and relaxed, have empty bowls and all of that. I never said it was designed for a quick wank. You really need to get your whole mind and body into it for it to work.

If you can get to the itchy pleasure phase, you're doing it right and you can make it stretch far beyond this initial joy. If you can make it here, you can get to the next step as long as you are patient and don't stimulate your penis too much. If you do, you'll prematurely ejaculate and miss out on the delayed gratification and multiple orgasms that this little toy can bring you.

One last note that I recently noticed from using these prostate stimulators is the improvement of my overall sexual health and performance. I've been using my Aneros once a week for a few months now and I can attest to the benefits of prostate massage. My penis feels like a finely tuned instrument of sexual prowess. I kid you not. My erections are harder, my refractory periods are shorter, and my ejaculatory control is unmatched. I can have an orgasm within a minute or two of when my wife asks me to finish and that is a benefit to us both.

Good luck and good prostate health.



Kidder Kaper is the head writer and host for the Sex is Fun Podcast Radio Show